

Check you're ready for anticoagulation self-testing

You have been diagnosed with atrial fibrillation (AF), deep vein thrombosis (DVT), pulmonary embolism (PE), a heart attack or mechanical/prosthetic heart valves¹⁻³



You are taking a vitamin K antagonist (VKA), such as warfarin



Your frequent visits to the clinic are inconvenient to your lifestyle



You want to remain in control of your anticoagulation therapy



You are looking for ways to improve your therapy management



You are willing to learn how to self-test your Prothrombin Time/International Normalized Ratio (PT/INR)

You are ready to talk to your doctor about self-testing with CoaguChek®

1. Holbrook A, Schulman S, Witt, DM, *et al.* Evidence-based management of anticoagulant therapy. *Chest Journal.* 2012; 141(2): e152S-e184S
2. Kirchhof P, Benussi S, Kotecha D, *et al.* 2016 ESC Guidelines for the management of atrial fibrillation developed in collaboration with EACTS. *European Heart Journal.* 2016; 37(38): 2893-2962
3. Nagler M, Bachmann LM, Schmid P *et al.* Patient self-management of oral anticoagulation with vitamin K agonists in everyday practice: efficacy and safety in a nationwide long-term prospective cohort study. *PLOS.* 2014; 9(4): 1-9